

TRANSITION TO EQUITY PRESENTS:

UNPACKING OPPRESSION WORKSHOP SERIES

Build skills and thinking around:

- Fostering the ability to lean into discomfort and conflict
- Learning language necessary for this conversation
- Recognizing unconscious bias, privilege, and disadvantage
- Building personal resilience in anti-oppression work
- Growing skills to better support clients/families

DATES & TIME

2/7/23 | 2/21/23 | 3/7/23 | 3/21/23

6pm-8pm

It is important that you commit to attend all 4 sessions. Each session builds off the other.

If you are a family member, we offer stipends for your participation. You will need to attend all 4 sessions.



REGISTER: <http://bit.ly/3kYNQKY>

FEATURING NATALIE THORESON

Facilitator Bio

Natalie J. Thoreson, MEd. (She, They, He)

Natalie has been facilitating anti-oppression workshops for over 20 years, founding inVision Consulting in 2006 with the mission of focusing positive social change into clear Vision, in our daily lives, and collective experiences. Their techniques foster meaningful communication, critical examination of institutional culture, and concrete action plans for creating a truly inclusive environment. She is committed to building communities in which people's differences are valued and seen as assets to the overall group. This work is not about making people feel guilty, bad about themselves, or singled out. Nor is it about dancing around challenging issues, band-aid fixes, and "Can't we all just get along?" Rather, he believes meaningful change happens when people lean into discomfort, are allowed to feel angry or confused, listen to one another with empathy and collaborate in moving forward. Natalie organically nurtures a sense of community with finely honed skills, shaping safe, welcoming, creative, and productive spaces based on understanding, respect, and authentic support. In his hands, sensitive topics that often leave participants feeling raw and wounded, become accessible and actionable. She provides tools to allow participants to think critically about their own backgrounds and biases, while simultaneously dissecting concepts like oppression, prejudice, and stereotyping. Their consistently open, trusting, and fun educational environments are based on first-hand experiences as a multi-ethnic, multi-racial, multi-gendered, queer individual living in the margins of identity. Natalie believes that creating safe space for all is the heart of true revolutionary change.

QUESTIONS?

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