



SUMMER FUN LIST 2023

For children with disabilities & special needs

FAMILY RESOURCE NAVIGATORS

101 Callan Ave., Ste. 200, San Leandro, CA 94577

(510) 547-7322

CLICK ON A CATEGORY:

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LIBRARIES

[ALAMEDA COUNTY LIBRARY](#)

- ACL in the San Francisco Bay Area provides library services from ten libraries in the cities of Albany, Dublin, Fremont, Newark and Union City and the unincorporated communities of Castro Valley and San Lorenzo. Fremont Main, Dublin, Albany, Centerville, and San Lorenzo Libraries now have limited visiting hours for in-person services. Also offering:
- [Virtual Library Events](#)
- [Homework Help](#)
- [Launchpad Tablets](#) with educational games (PreK to Grade 5+). Checkout with library card.

[BERKELEY PUBLIC LIBRARY](#)

Currently offering weekly virtual and in-person Story Time and other enrichment programs children. Register for each session individually. To find programs for children, go Events tab and select Kids (or Teens) in the Audience drop-down menu.

[LIBRARY OF CONGRESS](#) (Washington DC)

Offers author programs, such as Dav Pilkey, activity kits for children, and archived story times.

[SAN LEANDRO PUBLIC LIBRARY](#)

Offers virtual storytime and Tech2Go kits. Place a hold online to reserve a [Hotspot wi-fi kit](#), [Laptop kit](#), or children's [Launchpad learning tablet](#). Call 510-577-3971.

[LIVERMORE PUBLIC LIBRARY](#)

Check their event calendar for virtual story time, home activities, and outdoor library events (registration required). <https://www.livermorelibrary.net/events-services/event-calendars>

[UNION CITY PUBLIC LIBRARY](#)

Offers monthly Grab & Go Arts and Crafts, virtual story time, and other online resources and activities for children.

[OAKLAND PUBLIC LIBRARY](#)

- [Toy Lending](#) – Borrow a toy! Children ages 0-6.
- [Storytime](#) (in-person locations)
- [OPL Storytime Online](#)

PARKS & BEACHES

[ACCESS THE WORLD](#)

Offers detailed information about wheelchair accessible parks and outdoor destinations throughout the U.S. and around the world.

[ATHAN DOWNS PLAYGROUND](#) (San Ramon)

Montevideo Dr & Davona Dr, San Ramon, CA 94583

Contains an all-abilities playground, trail access, basketball and volleyball courts, and fields for baseball or soccer.

[BEACH WHEELCHAIRS](#)

All-terrain wheelchairs which allow users to access beaches without sinking into the sand are now available at an increasing number of parks and recreation areas. In the [East Bay Regional Park](#) area, these wheelchairs are available at [Contra Loma](#) (Antioch), [Del Valle](#) (Livermore), [Don Castro](#) (Castro Valley), [Quarry Lakes](#) (Fremont), [Shadow Cliffs](#) (Pleasanton), [Lake Temescal](#) (Oakland), and [Crown Memorial](#) (Alameda), [Tilden's Lake Anza](#) (Berkeley). All-terrain wheelchairs are also available at [Doran Regional Park](#) in Bodega Bay and [Spring Lake Regional Park](#) in Santa Rosa on a first-come-first-serve basis.

[CABRILLO PLAYGROUND](#) (San Francisco)

853 38th Ave San Francisco, CA 94121

Located in SF Richmond area. Features two padded enclosed playground areas, tennis courts, ball courts, and ping pong table.

[CÉSAR CHÁVEZ PARK](#) (Berkeley)

11 Spinnaker Way, Berkeley, CA 94710

Features both shoreline and wetland areas with views of the three bay bridges, Alcatraz, and Angel Island. Paved paths around perimeter and part of interior are wheelchair accessible.

Open 6:00AM-10:00PM (unless otherwise indicated)

[CRAB COVE VISITOR CENTER AND AQUARIUM](#) (Alameda)

1252 McKay Ave., Alameda, CA 94501

Explore the marine life during low tide - check the [NOAA tide chart](#) to plan your visit. Visit [Crab Cove Visitor Center and Aquarium Activity Calendar](#) (limited space & social distancing). Open Wednesday-Sunday from 10:00AM-5:00PM (MAR-OCT). Wheelchair accessible parking and paved trails.). \$5 parking when kiosk is attended. **Accessible restrooms and drinking fountains are temporarily unavailable.*

[CALIFORNIA STATE PARKS](#)

The website contains information regarding accessible camping, picnic sites, trails, programs, fishing and additional access features in California's glorious state parks. As you visit the website, click on accessible park information, the accessible activity or select a park and discover accessible features.

access.parks.ca.gov/home.asp

(800) 777-0369

[EMERYVILLE MARINA PARK](#) (Emeryville)

3310 Powell St, Emeryville, CA 94608

The shoreside facilities offer a path of travel (not marked), sidewalks, restroom, and parking that all appear to be ADA accessible and well maintained.

[FREMONT CENTRAL PARK/LAKE ELIZABETH](#) (Fremont)

40000 Paseo Padre Parkway

Complete with playgrounds, dog park, skate park, fishing, paved trails and lots of wildlife.

[HEATHER FARM PARK](#) (Walnut Creek)

301 N San Carlos Dr, Walnut Creek, CA 94598

Open 6:00AM-9:00PM (unless otherwise indicated)

HELEN DILLER PLAYGROUNDS (San Francisco)

Accessible playgrounds at two locations:

- [Helen Diller Playground at Mission Dolores](#) (play areas for ages 2-12)
19th and Dolores St, San Francisco, CA 94110
- [Helen Diller Playground at Civic Center](#)
Civic Center Plaza. 355 McAllister St., San Francisco

[KENNEDY PARK](#) (Hayward)

19501 Hesperian Blvd., Hayward, CA 94541

CURRENTLY CLOSED FOR RENOVATION. Features a petting zoo, carousel, and miniature train, and a new teacup ride. Park improvements will include renovated picnic areas, new central play areas, new concession building and public restrooms. Also includes improved pathways, seating, and lawn areas.

[LEO'S HAVEN](#) (Santa Cruz)

1975 Chanticleer Ave, Santa Cruz, CA 95062

Located inside Chanticleer Ave Park. Offers an all-inclusive playground and exercise area.

[MARINA PARK](#) (San Leandro)

13801 Monarch Bay Dr San Leandro, CA 94577

Located off of Monarch Bay Drive near Fairway Drive. Offers two playgrounds, a fitness park, dog parks, and a 1-mile accessible gravel walking loop with a shoreline view of Oakland airport (watch airplanes land). There is also access to San Leandro/San Francisco Bay Trail which is over 6 miles long.

[MAGICAL BRIDGE PLAYGROUND](#) (Palo Alto & Redwood City)

Innovative integrated parks that inspire recreation, respite, play and community connections for all ages and all abilities. Two playground locations:

- [Magical Bridge Playground at Mitchell Park](#) - Open daily; Sunrise to Sunset
3700 Middlefield Rd., Palo Alto, CA 94606
- [Magical Bridge Playground at Red Morton Park](#) - Open daily; 8:00am to Sunset
1120 Roosevelt Ave, Redwood City, CA 94061

[MATTEO'S DREAM PLAYGROUND](#) (Concord)

2050 Olivera Rd, Concord, CA 94520

An all-abilities playground located within Hillcrest Park.

[MIA'S DREAM COME TRUE PLAYGROUND](#) (Hayward)

28377 Huntwood Ave, Hayward, CA 94544

A new accessible playground for all ages and all abilities. The park provides accessible pathways, picnic areas, seating, and shade structures.

[MOUNTAIN LAKE PARK PLAYGROUND](#) (San Francisco)

Mountain Lake Park 1000 Lake St., San Francisco, CA 94118

Nestled in the Richmond District near the southern edge of Presidio Park. Play areas are threaded together in a series of accessible concrete pathways, including the top of each slide.

[OCEAN BEACH](#) (San Francisco)

Located on the western border of SF Golden Gate Park. There are accessible routes from the parking lot to the Promenade (routes may be covered with sand). Accessible restrooms are located at Sloat and Great Highway. *Beach Wheelchairs are available upon request.*

[ROTARY PLAY GARDEN](#) (San Jose)

438 Coleman Ave, San Jose, CA 95110

Provides an inclusive place to play for all children and their families, with a focus on children with special needs.

[SAN LORENZO COMMUNITY CENTER PARK](#) (San Lorenzo)

1970 Via Buena Vista, San Lorenzo, CA 94580

Provides accessible playgrounds with zip line and exercise areas, a lagoon bird sanctuary, and picnic areas.

[SIEMPRE VERDE PARK](#) (San Leandro)

Park Street and San Leandro Blvd., San Leandro, CA 94577

A renovated park with accessible padded playground areas for toddlers and young children.

PLAYGROUPS

[BANANAS](#)

5232 Claremont Ave., Oakland, CA 94618

Offers free virtual playgroups where parents, family members, and friends can connect with one another and build community. Playgroups are designed to be ongoing series that build upon each other each week. When you RSVP for a playgroup, you will be signed up for the entire series.

[LOTUS BLOOM](#) (Downtown Oakland)

555 19th Street, Unit 131. Oakland, CA 94612

Phone: 510-808-7883 Email: info@lotusbloomfamily.org

Offers multicultural in-person playgroups for children below age 5. Limited capacity of 11 children; 25 people total per playgroup. First come first served. ***All adults and children ages 3 years and older are required to wear a mask or face covering over their nose and mouth for the duration of playgroup. Cannot accommodate siblings ages 5 and over.*

[LOTUS BLOOM](#) (San Antonio Family Resource Center)

2800 Park Boulevard, Oakland CA 94610

Phone: (510)-735-9222 Email: info@lotusbloomfamily.org

Offers daily multicultural in-person playgroups for children below age 5. Limited capacity of 8 children; 16 people total per playgroup. First come first served. ***All adults and children ages 3 years and older are required to wear a mask or face covering over their nose and mouth for the duration of playgroup. Cannot accommodate siblings ages 5 and over.*

[LOTUS BLOOM](#) (Oakland, MacArther Blvd.)

8711 MacArthur Blvd, Portable B. Oakland, CA 94605

Phone: 510-878-1778 Email: rha@lotusbloomfamily.org

Parent-child “Room to Bloom” and Afro Play “Harambee” playgroups for children age 0-5. Spaces limited to 11 families each playgroup. First come first served. ***All adults and children ages 3 years and older are required to wear a mask or face covering over their nose and mouth for the duration of playgroup. Cannot accommodate siblings ages 5 and over.*

RESIDENTIAL CAMPS

[ASPEN NETWORK](#) (Orinda)

Offer four unique camp programs designed for individuals ages 13 and up with social differences.

(925) 262-3135

Email: megfields.aspen@gmail.com

[BEARSKIN MEADOW CAMP](#) – Diabetes Youth Families (Concord)

Camp experience for children and teens affected by diabetes and their families. Located in Sequoia National Forest, 65 miles east of Fresno. Financial assistance available. See website for COVID-19 guidelines.

(925) 680-4994

Email: info@dyf.org

[CAMP ARROYO](#) (Livermore)

In partnership with the Taylor Family Foundation, East Bay Regional Park District, and the YMCA of the East Bay. Provides camping experiences for children with HIV/ AIDS and other life threatening and chronic diseases and disabilities. Lodging, food, sports, art, craft, special projects and hospitality are the focus. ***RCEB eligible vendor. See website for Covid preparedness.*

www.uccr.org/camparroyo

(925) 371-8401 Livermore

(800) 678-5102 Reservations

Email: kids@ttff.org

[CAMP COELHO](#)

Offers free online expressive art therapy program for adults with Epilepsy. Virtual camp options are available. *Check back for 2022 schedule.*

(415) 677-4011

Email: camp@epilepsynorcal.org

[CAMP HARMON](#) (Boulder Creek)

Traditional camp will not be offered in 2022. Check back for mini-sessions in collaboration with other disability agencies. ***RCEB eligible vendor.*

(831) 338-3383

[CAMP KREM](#) (Boulder Creek)

Sponsored by Camping Unlimited. Currently offering virtual camp programs for 2022. Check their calendar for programs for all ages and abilities. Experience the enjoyment of Camp and connection with your friends from the comfort of home. ***RCEB eligible vendor.*

campingunlimited.org/calendar

(510) 222-6662

Email: campkrem@gmail.com

[CAMP TOULUMNE TRAILS](#) (Groveland)

Devoted to helping children with special medical needs experience the joys of childhood in an outdoor environment. For families and children ages 7 and up. Staff to camper ratio is generally 3:1. Private pay and camperships available. The camp is completely accessible and capable of accommodating individuals who use wheelchairs, walkers, or other adaptive devices.

See website for COVID-19 guidelines.

(209) 962-7534

Email: jacqui@tuolumnetrails.org Jacqui Montero, Program Director

[CHRISTIAN BERETS](#) (Mi Wuk Village)

Offers faith-based camp for children with special needs. *Registration and Scholarship deadline is March, 10, 2023. **RCEB eligible vendor.*

www.christianberets.org/summer-camp.html

(209)-524-7993 Main Office

(209) 586-5418 Camp Office

[ENCHANTED HILLS CAMP](#) (Napa Valley)

Deaf-Blind and Low Vision youth camp programs for teens. Follows COVID-19 safety guidelines.

lighthouse-sf.org/ehc2022

(415) 694-7352

Email: EHC@lighthouse-sf.org

DAY CAMPS & PROGRAMS

[ACCESS ADVENTURE](#) (Fairfield)

Enriches the lives of people with disabilities and underserved youth by providing outdoor recreation, environmental education, and open space access using unique wheelchair accessible horse drawn carriages. Not limited to wheelchair users.

(707) 707-999-1419

Email: accessadventure@yahoo.com.

[ACCESS NORTHERN CALIFORNIA](#)

The ultimate disability resource for locals and tourists alike for finding fun places to experience in the bay area. This website includes a wealth of information on recreation, lodging, events, and even accessible van rentals.

[ACHIEVE TAHOE ADAPTIVE PROGRAMS](#) (Squaw Valley Alpine Meadows, Lake Tahoe)

Skiing and snowboarding programs available for children age 4+ with physical, blind & low vision, sensory and intellectual disabilities. Offered Mid-December through April.

1960 Squaw Valley Road, Olympic Valley, CA 96146

530-581-4161

[ADVENTURES & OUTINGS PROGRAM](#) (Bay Area)

A program of BORP, provides disabled children and adults opportunities to enjoy the many wonderful outdoor and urban attractions that the Bay Area has to offer.

www.borp.org.

(510) 843-4398 Lori Gray (call after 10 AM)

(510) 849-4663, x1380 (recorded information)

Email: lori@borp.org.

[ALAMEDA RECREATION AND PARK DEPARTMENT](#) (Alameda)

Offers a variety of summer programs for kindergartners, children, teens, and adults.

Participants must be comfortable with wearing a mask indoors.

(510) 747-7529

Email: arpd@alamedaca.gov

[AQUA ADVENTURE WATERPARK](#) (Fremont)

Features swim lessons based on skill level. Non-swimmers use Coast Guard approved flotation devices.

(510) 494-4426

[ARBOR BAY SCHOOL SUMMER PROGRAM](#) (San Carlos)

In-person summer program for K-8th grade children, taught by credentialed Special Education staff.

For new students, the intake process includes an observation, interview and screening with the Director to determine appropriate placement.

(650) 244-1519

[ARDENWOOD HISTORIC FARMS](#) (Newark)

Features a Victorian garden, farm animals, period costumes, and a blacksmith shop. Most facilities in Ardenwood are wheelchair accessible. Hours: Wednesday to Friday, 11am-4pm. Weekends, 10am – 4pm. Railroad Museum trains are currently closed. Also features a walking digital tour (link found on their website).

(510) 544-2797

Email: awvisit@ebparks.org

[AXIS DANCE COMPANY](#) (Oakland)

In-person and online dance classes and workshops for individuals with and without disabilities.

Participants explore a variety of creative dance approaches that emphasize individuality in movement.

All virtual classes and workshops have automatic closed captions over Zoom. ASL interpretation provided for specific classes (with advance notice).

(510) 625-0110

[BAY AREA ASSOCIATION OF DISABLED SAILORS](#) (San Francisco)

Offers a free bay sailing opportunity for disabled individuals during weekends in San Francisco. The crew is very experienced in making accommodations to make this exhilarating sport available to everyone. Service animals are welcome but please provide advance notice for special instructions.

Pier 40, The Embarcadero #16, San Francisco, CA 94107

(415) 281-0212 (recorded information and event contacts)

[BAY AREA OUTREACH & RECREATION PROGRAM](#) (Berkeley)

Current programs: Adaptive Cycling, Online Fitness Studio, and Virtual Outings & Adventures.
(510) 849-4663
Email: info@borp.org

[CAL SHAKES](#) (Berkeley)

California Shakespeare Theater - under the guidance of professional teaching artists, campers immerse themselves in a wide variety of classes as well as in daily rehearsals for performance. Some experience with special needs youth. Serves students grades 6-12.
Email: learn@calshakes.org

[CAMP GALILEO](#) (Oakland)

Offers in-person summer programs for rising Pre K to rising 8th graders. Experienced in inclusion and accessible accommodations. Scholarships are available.
1 (800) 854-3684

[CHEERGYMS](#) (Concord)

Offers special needs cheerleading programs in Concord for children of all ages and abilities.
2064 Commerce Avenue, Concord, CA
(925) 685-3910
Email: info@cheergyms.com

[COACH ART](#) (San Francisco Bay Area)

Free 4 week one-on-one art and athletic lessons to chronically ill children and their siblings between the ages of 5-18. Also offers virtual programs over Zoom: coachart.org/virtual-2
(510) 444-7001
Email: info@coachart.org

[COMMUNITY SCHOOL OF MUSIC AND ARTS](#) (Mountain View)

CSMA's summer art camps are in-person with a limited number of virtual programs. Provides small 12 person groups for children age 5-17. Face covering is required at all times. Financial aid is available.
(650) 917-6800
Email: info@arts4all.org

[CREATIVE EXPRESSIONS TOOLKIT](#)

Provides downloadable toolkits in Art, Music and Play. Useful for home, trips, or in the hospital. They were created by professionals in the pediatric field.

[DESCRIBED AND CAPTIONED MEDIA PROGRAM](#)

Families of a child with a disability qualify for free membership at DCMP. The website offers access to videos and resources related to Deaf and Hard-of-Hearing, Blind, Deaf Blind, and Low Vision from Kindergarten to 12th grade. All media – story time, ASL, and educational content - are captioned and described.

(800) 237-6213 voicemail and TTY
Email: info@dcmp.org

[DESTINY ARTS CENTER](#) (Oakland)

An arts education center that uses movement-based arts to support pathways for young people to express themselves, inspire and ignite social change, and build a community where everyone feels seen, valued, and free. *Oakland residents are prioritized.*

(510) 597- 1619

Email: info@destinyarts.org.

[EAST BAY DANCE CENTER](#) (Oakland)

Offers in-person Spring and Summer camps which consists of dance, drama, arts and crafts, games, and outdoor activities for ages 5-12. Also offers an afterschool program for grades K-5 whether or not schools are in session, online, or hybrid. Experienced and accept children with special needs on a case-by-case basis.

(510) 336-3262

Email: info@eastbaydancecenter.org

[EL CERRITO RECREATION](#) (El Cerrito)

Offers a variety of one week and half day youth summer programs from kindergarten to 9th grade. Scholarships are available. Masks must be worn according to CDPH Guidelines and the Contra Costa County Health Order.

el-cerrito.org/summercamp

(510) 559-7000

Email: recreation@ci.el-cerrito.ca.us

[ENVIRONMENTAL TRAVELING COMPANIONS](#) (San Francisco)

Offers accessible outdoor adventure opportunities for adults and youth with disabilities throughout the summer, including sea kayaking and river rafting trips. Cross-country skiing is offered January through April. Trips for families, groups or individuals are available. Adaptive equipment is available and staff is experienced in its use. Youth LEAD Program plans adventures for youth 14-18. Goals are to gain outdoor leadership skills, experience the adventure of a lifetime and make friends for life. Scholarships are available.

2 Marina Blvd, Fort Mason Center C385, San Francisco, CA 94123

(415) 474-7662 (general info) or (415) 474-7662 ext. 16 (Youth LEAD)

Email: info@etctrips.org (general info) or ylp@etctrips.org (Youth LEAD)

[HABITOT CHILDREN'S MUSEUM](#) (Berkeley)

A discovery museum for young children, offers hands-on exhibits, drop-in art studio and interactive events for infants, toddlers, preschoolers, and their families. Classes, schedules, and costs vary.

2065 Kittredge Street at Shattuck (one block from Berkeley BART station)

(510) 647-1111

Email: info@habitol.org

[HALLECK CREEK RANCH](#) (Nicasio, Marin County)

Offers inclusive horsemanship camps which serve children (5 and up) and young adults with a wide range of developmental, physical, and sensory challenges, as well as their typically-developing siblings and peers.

(415) 662-2488

Email: bfalco@halleckcreekranch.org Brenda Falco, Program Director

[HAPPY TRAILS CAMP](#) (Woodside)

A week-long outdoor summer day camp for children of all abilities (and their siblings) aged 6 and up. All campers will be partnered with a “Buddy” young adult counselor, providing a uniquely personal camp experience.

Phone: (650) 851-2271

Email: info@nceft.org

[HEAD OVER HEELS GYMNASTICS](#) (Emeryville)

Offering gymnastics classes for preschool to young adult with special needs. Campers with special physical or emotional needs are very successful at camp. However, before signing up, please email or call to determine if the camp is safe and appropriate.

(510) 655-1265

Email: info@hohgymnastics.com

[IMAGINOOK](#) (Newark)

Offers a wide range of in-studio art classes, workshops, events, and summer camps for kids, teens, and adults. The studio follows all CDC guidelines and Alameda county Health Order regulations.

39675 Cedar Blvd Suite 135, Newark CA, 94560

(510) 358-5877

Email: studio@imaginook.us

[JEWISH COMMUNITY CENTER \(JCC\) SF](#) (San Francisco)

JCCSF offers a variety of inclusive programs from preschool to 8th grade. Children over age 5 must be fully vaccinated and wear a face covering.

Email: summercamps@jccsf.org

[JOEY TRAVOLTA'S INCLUSION FILMS AND FUTURES EXPLORED, INC.](#) (Livermore)

Offers individuals the educational opportunity to learn the process of making a short film under the guidance and instruction of Joey Travolta and his professional teaching and film crew. The day camp is available for individuals ages 10-22 and takes campers through a step-by-step process of making a film, with emphasis on collaboration and teamwork, while learning the following skills: pre/post production, acting, directing, editing, technical support, and camera filming. Also offering Film Camp for ages 12-22. ***RCEB eligible vendor.* Email: hesterwagner@futures-explored.org

[KIDS 'N' CLAY](#) (Berkeley)

809a Allston Way, Berkeley, California 94710

A children's ceramic studio which offers wet clay programs for students ages 7 and up.

(510) 845-0982

[LEISURE CLUB](#) (Alameda)

A social recreation program designed for Alameda residents ages 18 and older with developmental disabilities. Meets 2nd and 4th Thursdays, 7:00-9:00 PM.

(510) 747-7529

Email: arpd@alamedaca.gov

[LUNA DANCE INSTITUTE](#) (Berkeley)

1831 Solano Ave. #7788, Berkeley, CA 94707

Currently offering virtual classes for children and teens. Committed to inclusion and access, by teaching to the highest rigor of creativity wherever dance takes place. Check website for summer schedule.

(510) 883-1118

Email: administrator@lunadanceinstitute.org

[MAKE IT WITH WALMART](#)

Offers online video clips of summer crafts and activities to keep families entertained.

[MOCHA](#) (Oakland)

Dedicated to supporting children and families from BIPOC populations and committed to fostering, cultivating, and preserving a culture of diversity. Each week is designed to put the camper in an environment where play, creativity and expression, innovation, and exploration is validated through the process of making art. Limited scholarships are available.

<https://www.mocha.org/summercamp>

(510) 465-8770

Email: hello@mocha.org

[MONKEY BUSINESS CAMP](#) (Tilden Park in Berkeley)

Focuses on loving the planet, celebrating diversity, and appreciating different learning styles. Staff has experience with inclusion. Offers summer camp, youth leadership, and school break day camps for children ages 3-16.

(510) 540-6025

Email: office@monkeybusinesscamp.com

[NEW DIRECTIONS TRAVEL](#) (Santa Barbara)

A non-profit which provides leisure and educational travel opportunities for adults who have mild to moderate intellectual and/or developmental disabilities, such as cerebral palsy, Down Syndrome and autism. Local, national, and holiday options at varied price ranges. Scholarships available.

(888) 967-2841 toll free or call (805) 967-2841

Email: hello@NewDirectionsTravel.org.

[OAKLAND STROKES](#) (Oakland)

Tidewater Boathouse, 4675 Tidewater Avenue, Oakland CA 94601

In-person summer Learn to Row Camp during June and July 2021 for middle school and high school students. Training for beginning rowers including technique, physical training, team work. Financial aid available.

<https://www.oaklandstrokes.org/summer-learn-to-row>

(510) 926-4100 voicemail

Email: information@oaklandstrokes.org

[PEACE CAMP](#) (Santa Rosa)

Offers week long programs for children ages 6-12. The camp promotes peaceful interaction between children, acting out conflict resolution skits, singing songs about peace, and creating engaging arts and crafts. Price includes swim costs.

(510) 845-8417

Email: marymiche@JPS.net

[PIEDMONT STABLES](#) (Oakland)

Skyline Ranch Equestrian Center, 5750 Redwood Rd., Oakland CA, 94619

Offers Therapeutic Riding Program for the children with special needs.

(510) 336-0850

Email: jmarti8445@aol.com

[QUARRY LAKES REGIONAL RECREATION AREA](#) (Fremont)

2100 Isherwood Way off Paseo Padre Parkway.

Offers many water, hiking, fishing, and picnic opportunities. There is also a wheelchair accessible fishing pier at Horseshoe Lake as well as many additional facilities. The Rock Picnic Area has accessible bathrooms and drinking fountain, but not parking. Old Creek trail has a firm surface for hiking.

[RASKOB LEARNING INSTITUTE'S SUMMER PROGRAM](#) (Oakland)

3520 Mountain Blvd. Oakland, CA 94619

Serves bright students with mild to moderate learning disabilities ages 7-16. The program provides academics, enrichment, and educational therapy in individual and small group settings.

<https://raskobinstitute.org/summer-intensive-program>

(510) 436-1275

[READY SET GO THERAPY: FRIENDSHIP EXPLORATIONS](#) (Mill Valley)

Offers one week outdoor summer day camp sessions for children age 4-11. supported by 1 licensed therapist and student volunteers. Children are grouped by age and individual child's needs or abilities.

<https://www.friendshipexplorations.com/registration>

(415) 339-8800

[ROBERTS REGIONAL PARK](#) (Oakland)

10570 Skyline Blvd, Oakland, CA 94619

A Redwood grove with an accessible barrier free wheelchair accessible children's play area. The park includes a baseball field, playfields, and a sand volleyball court. Roberts Pool will be closed from February 2022 through Spring 2023 for facility upgrades, renovation, and replacement

(510) 482-6028

[SAN LEANDRO RECREATION AND HUMAN SERVICES](#)

Offers various classes that offer accommodation on request.

(510) 577-3462

Email: slrec@sanleandro.org

[SAN RAMON VALLEY DANCE ACADEMY](#)

Nationally recognized for diversity and excellence in dance training. The Academy offers a wide variety of classes including a class for children with special needs which explores creativity, musicality, and movement through dance. In-person and virtual options are available.

(925) 837-4656

[SONRISE EQUESTRIAN FOUNDATION](#) (Pleasanton)

7101 Camino Tassajara, Pleasanton, CA, 94588

Offers four weekly programs free of charge for children ages 6-18 living with social, emotional, or physical challenges including terminal illness. Children develop confidence, integrity and responsibility through mentoring and peer relationships centered on the care and enjoyment of horses.

(925) 838-7433

Email: sonrise@sonriseequestrianfoundation.org

[SPECIALIZED RECREATION](#) (Walnut Creek)

Spec Rec Summer Camp is designed for children ages 5-21 who have special needs. Youth Camp outdoor and virtual activities include crafts, games, nature study, music, sports, drama and swimming. Staffing generally 1 to 3 ratio. **RCEB eligible vendor.

(925) 925-256-3531 (Ask for Preston Jones)

Email: machado@walnut-creek.org (for questions about RCEB payments)

[SPECIAL SKATER/ADAPTIVE SKATING PROGRAM](#) (Oakland)

The Oakland Ice Center offers a learn-to-skate program which has been developed especially for athletes with special physical and mental challenges. With the assistance of volunteers, skaters develop skills, make new friends and experience a newfound freedom and sense of accomplishment. During this special time slot, wheelchairs, walkers, etc. are allowed on the ice. Fridays 5:00-5:45 pm.

** Free admission for one parent or aide. All other family members will be charged a \$5 drop-in fee.

(510) 268-9000, Email: dhicks@sharksice.com

[SPECIAL OLYMPICS OF NORTHERN CALIFORNIA](#)

Offers events for children and adults with intellectual disabilities in Northern California through sports, education, and athlete health. All programs are at no cost to the participants.

(925) 944-8801

Email: info@sonc.org

[SPEECH PATHOLOGY GROUP SOCIAL LANGUAGE SUMMER CAMP](#) (Walnut Creek)

2021 Ygnacio Valley Rd, C103, Walnut Creek, CA 94598

Camp Super Communicators is a social language camp for children ages 6-10. It is a fun, one-of-a-kind summer camp led by a Speech-Language Pathologist to learn and practice social skills with peers in a mainstream summer camp setting. Also offers full range of speech/language therapy for children and adults.

<https://spgtherapy.com/clinic-services/special-programs>

(925) 945-1474

[STUDIO NAGA](#) (Oakland)

5850 San Pablo Ave. Oakland, CA 94608

Dynamic Indonesian martial arts classes for kids and adults Hollis-Doyle park for beginners to black belts. Instruction for kids, teens, and families - masked and with no contact.

(510) 652- 6242

Email: info@studionaga.com

[SUNFLOWER HILL](#) (Livermore)

Sunflower Hill Garden at 455 Olivina Ave., Livermore, CA 94550

In-person and virtual programs designed for adults with special needs. Hands-On Garden Groups, virtual cooking classes, and weekly online activities for adults age 18+ who have intellectual and/or developmental disabilities.

sunflowerhill.org/programs/sunflower-hill-online-activities

925-800-1042

[SYLVAN LEARNING CAMPS](#) (Bay Area)

Year-round academic enrichment program with camps during summer school breaks which provide a fun approach to learning. Language arts, math, beginning reading, speed reading, fractions, writing, math facts, study skills, etc. Ages 4+. Locations all over the Bay Area.

<https://www.sylvanlearning.com/locations>

(510) 907-7941

[TAYLOR FAMILY FOUNDATION](#) (Livermore)

This year The Taylor Family Foundation (TTFF) is celebrating their first ever virtual camp experience! Bringing fun ideas, arts, crafts, and recipes for all occasions to keep children engaged and entertained all summer long. Tune into their social media channels daily to keep up with all the fun!

<https://ttff.org/virtual-camp>

(925) 455-5118

Email: ttff@ttff.org

[THE BERKELEY CHESS SCHOOL](#) (Berkeley)

Offers Friday night chess for grades K-12. Emphasis is on the joy of the game with an eye to the student's progress. Summer camps also available in Albany, Benicia, El Cerrito, Orinda, Piedmont, Pleasant Hill, Pleasanton and San Ramon.

<http://www.berkeleychessschool.org/programs/camps>

(510) 843-0150

Email: info@berkeleychessschool.org

[The BOK Ranch](#) (Woodside)

Full inclusion one hour horse riding lessons. The intake process also requires a physician's form to be completed. All riders must be able to sit independently, wear an approved riding helmet, and weigh under 180lbs.

(650) 366-2265

Email: director@bokranch.org

[TILDEN PARK MERRY GO ROUND](#) (Berkeley)

Central Park Drive and Lake Anza Road, Berkeley, CA 94708

For children who enjoy carousels. Fri, Sat, Sun 11 AM to 5 PM, weather permitting. Single ticket \$4.00 or book of 7 tickets for \$24.00.

(510) 559-1004

[TILDEN STEAM TRAINS Redwood Valley Railway](#) (Orinda)

2481 Grizzly Peak Blvd., Orinda, CA 94563

(510) 548-6100

For young children who like trains. Ride the miniature steam powered locomotive for a 12-minute scenic adventure through the redwood forest. Open weekends & Holidays 11 AM to 6 PM. Open weekdays during Spring Break and Summer Vacation 11 AM to 5 PM.

\$4.00 per ride or \$16.00 for 5 rides. Children under 2 years old ride free. Masks required.

[UNITED CEREBRAL PALSY \(UCP\) OF THE GOLDEN GATE](#)

Offers a program called "Everyone In" providing care during non-school hours to qualifying preschools and children K thru 8th grade who are clients of the Golden Gate Regional Center or Regional Center East Bay, and who reside in Alameda, San Francisco, Contra Costa, or Marin counties. The program helps the parent find an aide that can facilitate inclusion in an after-school program.

(510) 832-7430

Email: info@ucpgg.org

[WESTWIND RIDING INSTITUTE PROGRAM](#) (Los Altos Hills)

27210 Altamont Road, Los Altos Hills, CA 94022

Formerly Westwind 4-H, offers sports and recreational riding for children with disabilities ages 5-19 years old.

(650) 947-8680 voicemail

[WORD WORKS! Speech & Language Pathologists, Inc.](#) (Oakland)

55 Santa Clara Ave., Oakland, CA 94610

Offers speech, language and social skills groups. Skilled in working with children of all ages with a variety of communication needs in a play-based environment. Play groups for toddlers and preschoolers, peer social language groups for children ages 5+. Baby sign language dictionary and flashcards are available on the website. *Currently offering teletherapy services.*

(510) 433-0123

Email: info@wordworkstherapy.com.

[XENOPHON THERAPEUTIC RIDING CENTER](#) (Orinda)

60 Don Gabriel Way, Orinda, CA 94563

Offers therapeutic horseback riding lessons for children ages 5-18 years with any diagnosed disability. Each session is 6-8 weeks long. Scholarships are available.

<http://xenophonrc.org/services/therapeutic-riding>

(925) 377-0871

[ZOOCAMP](#) (Oakland Zoo)

9777 Golf Links Road Oakland, CA 94605

Exciting weekly sessions of nature discovery and animal adventures involving hands-on, age-appropriate learning. For students grade K thru 5th grade. Special needs students included on a case by case basis.

(510) 632-9525 ext.280

MOVIE THEATRES

[WEST WIND ALL DIGITAL DRIVE-IN THEATRES](#)

Special event dates will be announced once entertainment has resumed. Website: [Drive-In Events](#)

Prices vary by location.

- [Solano](#) (Concord)
\$9.00 general admission, \$2.00 (5-11 years old), 4 and under are always free.
Tuesday Family Fun Night \$6.00 per person (does not apply to special shows), \$2.00 (age 5-11), Age 4 and under are always free.
- [Sacramento](#)
\$9.00 general admission, \$2.00 (5-11 years old), 4 and under are always free.
Tuesday Family Fun Night \$6.00 per person (does not apply to special shows), \$2.00 (age 5-11), Age 4 and under are always free.
- [San Jose](#)
\$9.00 general admission, \$2.00 (5-11 years old), 4 and under are always free.
Tuesday Family Fun Night \$6.00 per person (does not apply to special shows), \$2.00 (age 5-11), Age 4 and under are always free.

ADDITIONAL RESOURCES:

[A Wheelchair Rider's Guide San Francisco Bay and the Nearby Coast](#) (PDF) by Bonnie Lewkowicz. The book lists more than 100 accessible sites to explore - parks, trails and the shoreline - giving details about each site, parking and how to get there. A hard copy of the book is available at California Coastal Conservancy (510) 286-1015

[ACCESS ALAMEDA](#)

Transportation services available in Alameda County, including a range of options specifically designed for seniors and people with disabilities.

FOR MORE IDEAS:

Parents' Press Summer Camps Guide: www.parentspress.com

East Bay Regional Park District's Activity Guide: www.ebparks.org

Berkeley Parents Network: <https://www.berkeleyparentsnetwork.org>

Bay Area with Kids: BayAreawithKids.com

{510}Families: www.510families.com

Permission to reprint is granted, provided that [Family Resource Navigators](#) is acknowledged.

Please note we do not endorse any of the individual programs. The listings are based on descriptions and information we have received from each program. Eligibility restrictions may apply.